



**Policy Name: Student Wellbeing Policy  
2022-24**

Policy reviewed by: Sam Pedder, Assistant Principal

Date reviewed: June 2022

Date of next review: June 2024

# **Student Wellbeing Policy**

## **Aims of the policy**

The policy intends to fulfil the school's objectives to provide a safe environment for its students, promote wellbeing and respond sensitively to all wellbeing concerns.

## **1. Creating a safe and supportive learning environment**

Jumeirah College is committed to safeguarding and promoting the welfare of our students, including their physical and psychological safety, mental health and emotional wellbeing. The School expects all staff and volunteers to share this commitment. We recognise that students have a fundamental right to be protected from harm and that pupils cannot learn effectively unless they feel secure. We therefore aim to provide an environment which promotes: self-confidence, a feeling of self-worth and the knowledge that students' concerns will be listened to and acted upon.

### **a. Pastoral team**

- Form tutors
- Heads of Year
- Student Counsellor: Nadine de Mascarel
- Safeguarding Deputy and Head of Student Wellbeing: Sam Pedder, Assistant Principal
- Safeguarding Lead and Head of Pastoral Care: Louise Rodger, Vice Principal

If there is any concern regarding the wellbeing of a student, the first point of contact is the student's form tutor, then the head of year.

If there is a fear that a student is not safe, then the normal child protection procedures should be followed with an immediate referral to the DSL or Deputy DSL.

### **b. Students with special educational needs**

Tight collaboration between the pastoral team and the inclusion team is paramount to this policy.

The school is aware that some pupils are more vulnerable to teasing, bullying or other issues due to their SEND. Special care and attention will be taken to protect our students and promote inclusion and kindness.

Where a student is known to be especially vulnerable, teachers will be briefed by a member of the pastoral team and suitable adjustments made if required.

## **2. Promoting wellbeing at Jumeirah College**

All staff at the College have a responsibility to promote student wellbeing and to make sure they deliver wellbeing programmes effectively. During the academic year there will be a number of events and lessons taking place to enhance student wellbeing. These include the following:

- JC values
- Assemblies: Assembly topics are linked to wellbeing topics, including national events and campaigns
- World Mental Health day
- World Mental Health weeks
- Anti Bullying week
- Form time PSE and Social Studies lessons

- Whole school calendar of events
- External speakers
- Promoting British values
- Moral education
- Leadership opportunities
- Mental Health First Aiders
- Wellbeing peer to peer mentoring
- ECA programme
- House competitions

### **3. Responding to individual needs**

All staff at the college have a responsibility to respond appropriately and in a sensitive manner to individual wellbeing concerns. Students have a number of ways they can report any concerns. These are listed below:

- Tootoot (reporting system that is anonymous)
- Upstrive app (to enhance tracking and patterns regarding wellbeing)
- Pastoral team (Tutors, Heads of Years, Assistant Principal and Vice Principal)
- Student counsellor
- Medical team
- Safeguarding team
- Any adult at Jumeirah College

### **4. Monitoring wellbeing**

The assistant principal, in collaboration with the vice principal and Heads of Years is responsible for monitoring student wellbeing. Regular monitoring of student wellbeing will allow us to see emerging patterns and provide timely interventions where appropriate. The following methods will be used to monitor student wellbeing:

- Staff input
- Parent input
- JC student wellbeing surveys
- PASS surveys
- KHDA wellbeing census
- Pastoral team and counsellor input
- Medical team input
- Collaboration with external professionals
- Upstrive app (to be launched in 2023)

### **5. Roles and Responsibilities**

At Jumeirah College, we recognise the importance of a student's personal and social development, and their health and mental wellbeing.

#### **The Head of Student Wellbeing will:**

- Make sure wellbeing is promoted effectively
- Make sure evaluation tools are implemented appropriately
- Monitor whole school student wellbeing by collecting and analysing data
- Look at wellbeing trends; listen to feedback and respond accordingly

**The Student Counsellor will:**

- Support with head of student wellbeing in promoting and evaluating student wellbeing
- Respond to individual needs with counselling support services
- Work collaboratively with students, staff, parents and external agencies
- Continue to stay informed of local networks and best practices

**The School Senior Leadership Team will:**

- Promote a culture of safety and care as well as mutual respect between students and staff in order to foster a positive learning environment
- Monitor and support mental health and wellbeing as well as child protection concerns
- Ensure that staff can access relevant training
- Report termly on student wellbeing to the School Senior Leadership Team and the Local Advisory Board
- Regularly review this policy

**The Designated Safeguarding Lead will:**

- Ensure that mental and physical wellbeing considerations are embedded within safeguarding and child protection practice
- Ensure that all staff understand their safeguarding duties including mental health
- Regularly review systems for supporting good mental and physical health and wellbeing within their provision

**6. Links to other policies:**

- Child Protection policy
- Health and Safety policy
- Inclusion policy
- Anti-bullying policy
- Student voice and leadership policy
- Staff wellbeing policy

**7. Monitoring Arrangements**

This policy will be reviewed by Mr Sam Pedder - Assistant Principal and Ms De Mascarel – School Counsellor. At every review, the policy will be approved by the Principal / CEO.